

MINI SPRING RETREAT

Join us for a Morning of Wellness & Spirituality



Featuring Dr. Cary Knier Johannes, author, psychologist & UCC Lay Speaker.

Cary loves to blend her passions of wellness and spirituality through mini-retreats and individual spiritual coaching sessions. Retreat will include parts of her book *The Missing Peace*, guided meditation, tips on journaling, and other ways to center our hearts and minds

SATURDAY

APRIL
25

9 AM TO NOON

BETHLEHEM UCC

11608 LAX CHAPEL RD, KIEL, WI

Registration: \$10 per person

Includes a copy of Dr. Johannes' Book *The Missing Peace*

RSVP recommended - walk-ins accepted

Call: 920-894-3332 "leave a message if no answer"

Email: BethUCCKIEL@outlook.com

Snacks / Fruits & Beverages Provided

This workshop is being offered as a community service by Bethlehem UCC. There will be No intention to promote the church or any specific religious understanding.

